

P. R. S. NEWS ---- SPRING 1968

THE PHILOSOPHICAL RESEARCH SOCIETY, INC. — 3910 LOS FELIZ BOULEVARD — LOS ANGELES, CALIFORNIA 90027

BUDDHISM and PSYCHOTHERAPY

by

MANLY P. HALL

Dear Friend:

Since the publication of *BUDDHISM AND PSYCHOTHERAPY*, I have made another trip to Japan, visiting some of the places described in this publication, and others which were most difficult to reach. These recent experiences have only strengthened my belief in the therapeutic importance of inner serenity. Thoughts and attitudes have a profound effect upon health, happiness, and peace of mind. The world learned long ago that collective reforms are slow and difficult, but it is always possible for the individual to put his house in order when he resolves to do so.

There have been so many textbooks on psychotherapy that it seemed to me there was a special need for an approach which bypassed intellectualism and appealed directly to our natural faith in good, hope for the future, and love of truth and beauty. If we can achieve a truly constructive relationship with ourselves and those around us, and can build for the future upon a foundation of quiet confidence in the integrity of the universe and its laws, we will have better health and enjoy greater mental and emotional harmony and peace.

To achieve a means of communication, I followed the old Eastern way of painting "mood pictures" with words and illustrating them with appropriate photographs, many of which I have taken myself. In the tranquil beauty of a temple garden, along peaceful countryside, among fantastic rocks eroded by the ocean's waves, in the gentle dignity of a Zen temple, or by some wayside shrine, one experiences a wonderful quality of believing, of strong acceptance, by which we gain the courage to solve our personal difficulties and restore our faith in the love and wisdom which govern the world.

Always most sincerely,

Manly P. Hall



SHRINE ON ROOF OF
TAKASHIMAYA DEPARTMENT STORE

IF YOU HAVE NOT ALREADY secured a copy of *BUDDHISM AND PSYCHOTHERAPY*, we feel sure that you will enjoy this book and find it most inspiring and therapeutic in these days of confusion and tension. One purchaser wrote: "Your book, *Buddhism and Psychotherapy*, is a true revelation, and is written with such beautiful meaning and feeling that I found it difficult to put down. It will always have a very special, significant meaning to me."

BUDDHISM AND PSYCHOTHERAPY by Manly P. Hall is a handsome volume, six by nine inches, containing 324 pages and 70 illustrations. It is printed on a good grade of paper, bound in full cloth, stamped in gold. There is an attractive dust jacket from a photograph by Mr. Hall.

Price—\$5.00 (plus 5% sales tax in Calif.)

BACK IN PRINT . . .

The new edition of *QUESTIONS AND ANSWERS* by Manly P. Hall is now ready for delivery. The demand for this book has increased rapidly, as it covers a wide area of problems of immediate and pressing concern in these tense and difficult times.

Such subjects as Programs for Personal Study, Essential Principles of Religion, Evidence of Life After Death, Dangers of Attempting the Development of Extra-Sensory Perception, and The Nature of Good and Evil are discussed frankly and clearly.

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(a calendar of inspiring thoughts)

by **Manly P. Hall**

**DAILY WORDS
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Manly P. Hall

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NEW EDITION AVAILABLE . . .

Mr. Hall's very fine essay on *THE THERAPEUTIC VALUE OF MUSIC* has been extremely popular, and the second printing was exhausted some time ago. In response to the continuing demand, it is now reprinted in the convenient pocket-size format. Research for this publication was made possible through the assistance and cooperation of organizations devoted to channeling music to hospitals, industrial plants, and private homes.

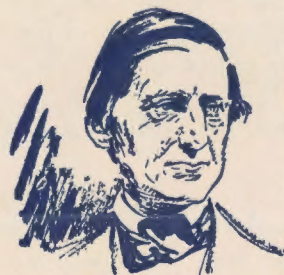
The booklet contains thirty pages, and has an attractive art-paper cover. It is illustrated with a detail from Dollman's painting of Orpheus charming animals with his music.

75c *(plus 5% sales tax in California)*

FRIENDSHIP, LOVE, AND BEAUTY

(an interpretation of Emerson's famous essays)

by **Manly P. Hall**



Ralph Waldo Emerson, the sage of Concord, continues to inspire thousands of persons, young and old. Emerson was the central figure in a group of brilliant intellectuals now known as the New England Transcendentalists. He was something of a Brahmin, a little of a pagan, and a dedicated Unitarian. Mr. Hall has given a number of lectures on Emerson's philosophy, and these have been digested into a publication which pays tribute to Emerson and his writings.

In these days we really need more of friendship than we have formerly deemed necessary, a better interpretation of human affections, and the experience of a sense of beauty and its healing power in the life of the sincere person. We believe you will enjoy this little publication—and recommend that you order a copy at your earliest convenience.

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BUDDHIST MONUMENTS IN THAILAND

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Leave a copy of the P.R.S. Journal on the living room table. Young people today do not respond well to indoctrination, but they do have inquiring minds. Expose them to a publication which contains direct answers to reasonable doubts and uncertainties. The P.R.S. Journal may help them to face—with greater insight and courage—the responsibilities of the years ahead.

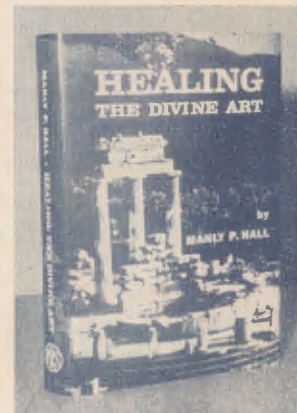
When you can get all that is listed above—and also a discussion of the question, "*Is Humanity Actually Going Anywhere?*"—there appear to be a number of good reasons why you should join our subscribers immediately.

\$4.00 a Year — Published Quarterly

HEALING, THE DIVINE ART

by

Manly P. Hall



The modern search for health requires a practical understanding of the laws governing the spiritual, mental, and emotional factors in human behavior. Philosophy is preventive medicine. Its real purpose is to discover a way of life by which the individual can protect his health from disturbing influences arising within himself, or from his relations with the outside world. If you sincerely believe that it is possible for a thoughtful and resolute person to improve his health through strengthening his internal resources, you will find this book inspiring and helpful.

The text is divided into parts, in which the first is devoted to an historical survey of metaphysical medicine. The second part provides useful information on the philosophy of healing, including metaphysical aspects of physiology, problems involving extrasensory perception, self-delusion, and a group of valuable case histories.

This unusual work, covering so many aspects of the healing art, describes the practices of the old American Indian medicine priests, the diagnosis by dreams practiced in Greece by the followers of Asclepius, the god of medicine, the early clinics of Hippocrates of Kos, the father of modern medicine, and mystical healings practiced in the early days of the Christian church.

If you would like to understand more clearly magnetic healing, faith therapy, mental healing, suggestion and auto-suggestion, the medical speculations of the alchemists, the Hermetic philosophers and Rosicrucians, esoteric physiology and anatomy, including man's etheric body, the invisible energies behind physical processes, and the pineal gland and its place in the maintenance of health, you will find in this book a summary of the beliefs and traditions bearing upon these subjects.

We recommend that you place your order for this book as soon as possible, as the present supply is limited, and re-publications may involve complications and delays which are unhappily frequent at this time. *HEALING THE DIVINE ART*, is a fine library volume, 6" x 9", 341 pages, illustrated with drawings and diagrams, \$4.00, plus 5% sales tax in California.

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